



SOUTHBOROUGH RECREATION

F U N T H I N G S T O D O

2019
Spring & Summer Activities



Southborough Recreation Office Hours: Monday to Thursday 9am to 4pm
Friday 9am to 12:30 pm
Southborough Recreation Office Number: 508-229-4452 Fax 508-229-7969
Southborough Recreation Website: <http://Southborough.recdesk.com>
Southborough Recreation Online registration: <http://Southborough.recdesk.com>

Southborough Recreation Commission

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Recreation Office

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SOUTHBOROUGH RECREATION

<http://Southborough.recdesk.com>

508-229-4452

Program Registration Information

If You Wait-You May Be Too Late

Nothing jeopardizes a recreation program faster than individuals who wait until the last minute to register or cancel after registering. All programs require a high level of coordination, scheduling, staffing, volunteer recruitment, salary commitments and purchasing of supplies.

PLEASE REGISTER EARLY!

Online registration begins March 1st
We still accept mail/walk in registrations.



REGISTRATION: Mail in, Walk in, or Online Registration

Mail registrations to: Southborough Recreation Office, 21 Highland Street, Southborough, MA, 01772.

Walk Ins: Office hours are 9 to 4pm. After office hour registrations may be dropped off at the black mailbox at 21 Highland Street.

SCHOLARSHIPS: Scholarships and financial assistance are available on a limited basis upon request. Scholarships are only available for programs that have met sufficient enrollment and run by recreation staff only. Requests must be submitted in writing on forms provided by this office.

REFUNDS: Given only upon notification that **A)** the class is cancelled due to low enrollment, **B)** the course requested is already filled, **C)** a partial refund for a medical reason (doctor's note required), on a case by case basis only. **Programs will not be pro-rated/refunded if the participant misses any portion. A \$20 processing fee will be applied to any changes due to medical reasons and/or transferring out from one program to another.**

CONFIRMATION: Will **not** be sent home. Please report to the first day of class unless otherwise notified.

CANCELLATIONS: If schools are closed, scheduled recreation programs held in schools are also cancelled. Cancellations due to inclement weather will be updated by calling the Town House (508-485-0710) and pressing "8" for "Special Announcements". We reserve the right to consolidate, postpone or cancel a program/trip for any reasonable cause. You will be notified if your program is cancelled or changed; otherwise, plan on attending.

MAKE-UP CLASSES: All attempts will be made to reschedule any classes that have been cancelled due to inclement weather or instructor absence where possible. The Recreation Office reserves the right to provide a qualified substitute teacher in the event the teacher listed in the brochure is unable to fulfill his/her assignment. (no refunds if a substitute teachers needs to fill in for the class).

OUT OF TOWN PARTICIPANTS ARE WELCOME AT NO EXTRA COST!!

We reserve the right to make changes to our site, policies, and Terms and Conditions of Use at any time.

Special Events



Come join us for an afternoon of family fun!

Date: Saturday, March 2 Time: 1pm to 3pm

Place: South Union Building

- Limited number of reduced rate vouchers for sale
- Enter a free raffle for one week of Summer Camp
- Sign up for early bird rates
- Complimentary refreshments provided
- Music and entertainment !

16th Annual Southborough Summer Nights

A family celebration scheduled for

Saturday, August 24

More information will be posted on our website as it becomes available.

<http://Southborough.recdesk.com>



5K WALK | RUN FOR AUTISM

13TH ANNUAL | SATURDAY, MAY 11, 2019

SUPPORTING THE NEW ENGLAND CENTER FOR CHILDREN



St. Patrick's Day Celebration

Ages: Preschool

Friday, March 15

Time: 10am to 12 noon

Location: South Union Building

Come dress in green, celebrate St. Patrick's Day and spend the morning with our special guest. There will be craft making, sing-a-longs, and light refreshments served.

2019 Massachusetts Parks Pass

FREE

Southborough residents may borrow a 2019 MA Parks Pass free of charge. The pass entitles bearer to free parking for one vehicle (no buses or vans) at over 50 facilities in the MA state parks system that charge a day-use parking fee.

Park Pass is part of the "Use Nature as Your Guide" program sponsored by the MA Dept of Conservation and Recreation. From Boston to the Berkshires, DCR invites you to enjoy a wide variety of recreational opportunities including hiking, swimming, mountain biking, horseback riding and much more.

Please contact the Recreation Office to reserve the Parks Pass for the 2019 season (Memorial Day to Columbus Day) The pass may be borrowed for one day or one weekend and must be returned by 9am the following day. Passes taken on Friday may be returned the following Monday.

For a list of MA park facilities where Parks Passes may be used, please visit WWW.MASS.GOV/DCR

A \$35 deposit will be required when you pick up the Park Pass.

Your deposit will be refunded to you when you return the pass.



Special Events

7th Annual Southborough Summer Concert Series 2019

Southborough Recreation and Youth & Family Services has partnered up to present our seventh Southborough Concert Series to begin in June. Concerts will be held on Wednesday evenings at the Neary School grounds. Gather your friends and family and enjoy an evening of great entertainment. Bring your picnic basket, your lawn chair and have a good time.

Sit back and enjoy a variety of music including pop, folk, oldies, bluegrass, jazz and more! The Concert Series is always in need of sponsors committed to supporting the event and who would like to advertise their business at the same time. Please contact Southborough Recreation for more information.

Bring a blanket, friends and family and enjoy an evening of musical entertainment.

June 12 Midtown Horns (rain date June 19)

July 24 Reminisants (rain date July 31)

June 26 Hit The Bus (rain date July 3)

August 7 SloGrass (rain date Aug 14)

July 10 Regulators (rain date July 17)

<http://Southborough.recdesk.com>



Day trip to the US Tennis Open , Flushing, New York

\$55/pp

Be part of the excitement without having to drive!

Come see the top men and women players from around the world compete for the 2019 US Open Grand Slam title. The US Open is the final and most exciting Grand Slam of the year. Arthur Ashe Stadium and its capacity of nearly 23,000 possess the energy and electricity akin to the Super Bowl. You can walk the grounds and see some of the top players play on the outer courts. There is plenty of shopping, restaurants, and interactive booths for the whole family to enjoy. You will be on your own to immerse yourself in a day of tournament play! There will be a brief stop at the halfway point both to and from New York for coffee, snacks and a restroom break.

Please visit https://www.usopen.org/en_US/tickets/ticket_plans.html

to purchase stadium tickets or grounds admission tickets and be part of the fun!

Ages: For the whole family, kids under 18 must be accompanied by an adult

Date: Thursday, August 29th

Time: 6am departure with a 10:00 am arrival time at the US Open. 7:45 pm to 8pm departure with a 12am arrival time in Southborough, MA



Lake Chauncy

Is a natural great pond with a beautiful beach access located on Lyman Street, Westborough, MA. There are bathrooms, a playground and lifeguards at Lake Chauncy. Beach will generally be open from Mid June to Mid August and hours of operation will be 11am to 6pm.

Southborough Recreation will have limited passes available for sale to Southborough residents only. Seasonal passes are \$90 for a family member (limited to 6 per family). Passes will be sold on a first come first basis beginning in March and ending in June and must be purchased at the Southborough Recreation Office.



Recreational Summer Camps

Theme Weeks for Finn Location

Summer is a time to give children a break from school and help them try new experiences to grow mentally, physically and socially. Southborough Recreational Summer Camps have something to offer your child, whether your child wants to refine a sports skill, free play, learn magic, dance & sing, play mind-adventure games or just plain hang with friends in a safe environment. We will offer a variety of programming options, both structured and unstructured, that include art, sports and more.

Our Camp Supervisors, who are full time teachers, coordinate the Summer Day Camp program, and are responsible for the direct oversight of the camps and camp counselor staff. All our general counselors have been trained in CPR/First Aid, and will make sure your child has a memorable experience with us.

All schedules are subject to change. Camp will run rain or shine, however the daily themes and activities may be adjusted if weather does not cooperate. Theme weeks are as follows:

Week 1: June 24 to June 28

Mini Musical Campers will shine during this week of creativity! Children will make a t-shirt, decorate the stage, learn poems, songs, accompany themselves with an instrument, learn special movements to a classical piece of music, a dance, and perform for the family and friends on Friday, the last 15 minutes of camp!

Week 2: July 1 to July 5 (no camp Thu, July 4)

Stars and Stripes Week Get Ready for nonstop patriotic fun! This is a time to celebrate family, community and things that make our country special.

Week 3: July 8 to July 12

Get Ready, Get Set, Get Fit Campers will participate in Get Fit Challenges. Each group will participate in new, exciting and fun ways to get your body movin' and groovin'. Fitness instructors will be invited to introduce the latest and greatest fitness trends. The week will end with a mind/body medley of Pilates and Yoga.

Week 4: July 15 to July 19

Science Olympia Week Are you ready to discover, imagine and create? This week, we will transform into Scientists, Engineers, Architects, and Artists as we explore nature, experiment with science, and observe what will happen if? We will find out what sinks and what floats, what fizzes and pops, and so much more!

Week 5: July 22 to July 26

Carnival Week This is the most anticipated week of camp. We will spend this week preparing a carnival palooza that all will enjoy! In addition to regular activities, extra highlights will include fun carnival games, crafts and face painting. Frolic in the bubbles from the giant bubble machine. Special snacks will include snow cones, cotton candy and popcorn! We will also include a fun inflatable amusement slide.

Week 6: July 29 to August 2

Circus Circus! Come join the greatest circus show on earth! You will learn how to juggle, clown, trapeze, tumble, and jump. Diamond Family Circus will join us again with circus performances and workshops for campers to build skills and create their own circus act.

Week 7: August 5 to August 9

Barn Yard Fun! This week will be full of animal interactions as well as animal theme activities, games, and crafts! Animal Affair will bring their favorite animals for campers to pet up close. Campers will also get to ride ponies and learn horse grooming brought in by Ridge Valley Stables.

Stay tuned for more special guest appearances and activities planned for every week!

Southborough Recreation reserves the right to make any modifications deemed appropriate at any time

FINN CAMP REGISTRATION FORM

Pre- K Age 2.9 (Potty trained) to Entering Grade 1

At Finn Camp, the curriculum includes regular daily activities to enhance fine & gross motor skills such as gym games, relays, crafts, water play, lego play, playground, sports stations (kickball, basketball, and baseball). Each child has the flexibility to personalize their day to participate in whichever activities interest them. Snacks & drinks are served throughout the day. In addition, the curriculum has been expanded to include additional educational, creative, and artistic opportunities to enhance your child's learning experience. This will be accomplished through a variety of special guests, events and workshops. Outdoor exploration activities are also offered to provide exercise with learning opportunities. Children have the option to participate in as many of these activities that interest them as well.

Age: 2.9 to entering Grade 1 (must be potty trained)
Location: Finn School
Time: 8:30 am to 12:30 pm (to include snacks every day)
Program Fee: Early Bird Special (March 1 to April 24) \$155/week
Regular Rate (effective April 25) \$165/week

Participant's Name: _____ Grade (Fall 2019) _____
Date of Birth: _____ Age: _____ (must be potty trained) Home Phone: _____
Address: _____ Email: _____
Does your child have an aid at school? _____ Medical Concerns: _____
Can your child be photographed for publication? ____
Please submit your child's most up-to-date medical form and immunization records at least 2 weeks prior to your child attending camp. There will be no exceptions.

Emergency Information:

Name of Parent: _____
Number where parent can be reached at all times: _____
Who do you authorize to pick up your child in your absence?
1. _____ Phone # _____
2. _____ Phone # _____

Circle Playground choices (Early Bird rate apply if register between March 1 to April 24)

Week	1 6/24-6/28	2 7/1-7/5	3 7/8-7/12	4 7/15-7/19	5 7/22-7/26	6 7/29-8/2	7 8/5-8/9	TOTAL
Early Bird Rate	\$155	\$128	\$155	\$155	\$155	\$155	\$155	
Regular Rate	\$165	\$133	\$165	\$165	\$165	\$165	\$165	

Make checks payable to Southborough Recreation. **No Refunds.**

A credit, however, may be applied to another week (or weeks) of Playground Camp ONLY.

I agree not to hold responsible the Southborough Recreation Commission; the Town of Southborough; the owners of the premises where the program is held; or any of the parties connected with the program for any injury or accident that may occur during the program. I understand that if my child becomes a discipline problem he/she will be dismissed from the program. No money will be refunded. I also grant permission for the Recreation staff to seek medical care in the event I cannot be reached. (All participants in any town recreation program must complete this waiver.)

Signature Parent/Guardian _____ Date _____

Recreational Summer Camps

Theme Weeks for Woodward Location

Summer is time to give children a break from school and help them try new experiences to grow mentally, physically and socially. Southborough Recreational Summer Camps have something to offer your child, whether your child wants to refine a sports skill, free play, learn magic, sing and dance, play mind-adventure games or just plain hang with friends in a safe environment. We will offer a variety of programming options, both structured and unstructured, that includes art, sports and more.

Our Camp Supervisors, who are full time teachers, coordinate the Summer Day Camp program, and are responsible for the direct oversight of the camps and camp counselor staff. All our general counselors have been trained in CPR/First Aid, and will make sure your child has a memorable experience with us.

All schedules are subject to change. Camp will run rain or shine, however the daily themes and activities may be adjusted if weather does not cooperate. Free Swim (no lessons) at St.Marks will be included in every camp week. Activities at Fay School will also be added into some of the weeks.

Week 1: June 24 to June 28

Music and Art Festival Come join us for a camp full of karaoke, theater, drama and talent! Friday activities will bring a concert with skits, music, talent shows and performance by the campers!

Field Trip: Skiward Tubing

Week 2: July 1 to July 5 (no camp Thu, July 4)

Stars and Stripes Week Get Ready for nonstop patriotic fun! This is a time to celebrate family, community and things that make our country special.

Field Trip: TBD

Week 3: July 8 to July 12

Get Ready, Get Set, Get Fit Campers will participate in Get Fit Challenges. Each group will participate in new, exciting and fun ways to get your body movin' and groovin'. Fitness instructors will be invited to introduce the latest and greatest fitness trends. The week will end with a mind/body medley of Pilates and Yoga.

Field Trip: Apex Center

Week 4: July 15 to July 19

Science Olympia Week Are you ready to discover, imagine and create? This week, we will transform into Scientists, Engineers, Architects, and Artists as we explore nature, experiment with science, and observe what will happen if? We will find out what sinks and what floats, what fizzes and pops, and so much more!

Field Trip: Boating at Hopkinton State Park

Week 5: July 22 to July 26

Carnival Week This is the most anticipated week of camp. We will spend this week preparing a carnival palooza that all will enjoy!. In addition to regular activities, extra highlights will include fun carnival games and crafts and face painting. Frolic in the bubbles from the giant bubble machine. Special snacks will include snow cones, cotton candy and popcorn! We will also include a fun inflatable amusement slides.

Week 6: July 29 to August 2

Circus Circus! Come join the greatest circus show on earth! You will learn how to juggle, clown, trapeze, tumble, and jump. Diamond Family Circus will join us again with circus performances and workshops for campers to build skills and create their own circus act.

Field Trip: Boundless Adventure

Week 7: August 5 to August 9

Barn Yard Fun This week will be full of animal interactions as well as animal theme activities, games, and crafts! Animal Affair will bring their favorite animals for campers to pet up close. Campers will also get to ride ponies and learn horse grooming brought in by Ridge Valley Stables.

Field Trip: Skiward Tubing

WOODWARD CAMP REGISTRATION FORM

Entering Grades 2-6

At Woodward Camp, the curriculum includes regular daily activities to enhance fine & gross motor skills including gym games, relays, crafts, water play, lego play, playground, sports stations (kickball, basketball, and baseball). Each child has the flexibility to personalize their day to participate in whichever activities interest them. Snacks & drinks are served throughout the day. In addition, the curriculum has been expanded to include additional educational, creative, and artistic opportunities to enhance your child's learning experience. This will be accomplished through a variety of special guests, events, workshops & town field trips. Outdoor exploration activities are also offered to provide exercise with learning opportunities. Children have the option to participate in as many of these activities that interest them as well.

Age: Entering Grade 2 to Grade 6
Location: Woodward School
Time: 8:30 am to 12:30 pm (to include snacks every day)
Program Fee: Early Bird Special (March 1 to April 24) \$155/week
Regular Rate (effective April 25) \$165/week

Participant Name: _____ Grade (Fall 2019) _____
Date of Birth: _____ Age: _____ Home Phone: _____
Address: _____ Email: _____
Does your child have an aid at school? _____ Medical Concerns: _____
Can your child be photographed for publication? _____
Please submit your child's most up-to-date medical form and immunization records at least 2 weeks prior to your child attending camp. There will be no exceptions.

Emergency Information:

Name of Parent: _____
Number where parent can be reached at all times: _____
Who do you authorize to pick up your child in your absence?
1. _____ Phone # _____
2. _____ Phone # _____

Circle Playground choices (Early Bird rate apply if register between March 1 to April 24)

Week	1 6/24-6/28	2 7/1-7/5	3 7/8-7/12	4 7/15-7/19	5 7/22-7/26	6 7/29-8/2	7 8/5-8/9	TOTAL
Early Bird Rate	\$155	\$128	\$155	\$155	\$155	\$155	\$155	
Regular Rate	\$165	\$133	\$165	\$165	\$165	\$165	\$165	

Make checks payable to Southborough Recreation. **No Refunds.**

A credit, however, may be applied to another week (or weeks) of Playground Camp ONLY.

I agree not to hold responsible the Southborough Recreation Commission; the Town of Southborough; the owners of the premises where the program is held; or any of the parties connected with the program for any injury or accident that may occur during the program. I understand that if my child becomes a discipline problem he/she will be dismissed from the program. No money will be refunded. I also grant permission for the Recreation staff to seek medical care in the event I cannot be reached. (All participants in any town recreation program must complete this waiver.)

Signature Parent/Guardian _____ Date _____

Counselor In Training—A Youth Training Program

A CIT (counselor in training) is a camper enrolled in a specialized camp leadership program. Through practical experience CIT's learn about behavior management, risk management, safety awareness, decision making, program planning and team building. This program is meant to develop future leaders for camp and all other areas of life. Our goal is to give CITs the opportunity to gain confidence, pride along with a sense of community and accomplishment.

We accept a limited number of applicants per week for each camp location.

Requirements:

- Required to commit at least 2 weeks annually (It is highly encouraged that participants complete 2 consecutive weeks of the CIT program to get the most benefit from the program.)
- Required to follow all camp policies
- Required to wear CIT shirt and name tag every day

Duration:

- CITs may participate as many weeks as they desire, but a minimum of 2 weeks is required. (Prior season participation will not be considered)
- CIT assignments are subject to the discretion of the Camp Director & Supervisors.

Fees:

- The fee for the CIT program is \$155 and includes training, supervision, mentoring, t-shirts, snacks, occasional field trips with campers.

Volunteer Opportunities:

After the participant has completed the 2 weeks of CIT program, they will be evaluated and may be asked to volunteer their time at camp. Volunteers will be assisting the staff in a variety of ways and earning volunteer hours if needed. Volunteers **MUST** first complete the CIT program annually.

A typical day for a CIT.

8:30 am to 9am	Meet and Greet Campers
9am to 9:15 am	Morning meeting
9:15 to 11am	Placement, team building activities, open swim at St. Marks Pool
11am to 12 pm	Character development activities, role play, safety
12 to 12:30	Assist campers for parent pick up, wrap up meeting

Counselor In Training— REGISTRATION FORM

Too old to be a camper but too young to be a counselor? Get ahead on developing important job skills during an active week of learning games and leadership skills. CIT's will assist counselors in our Recreational Summer Camps. Participants should be interested in working with children and possess maturity, flexibility, a strong work ethic, and the ability to have fun. The CIT program is an educational program, with a curriculum designed to develop the technical skills necessary to be an effective camp counselor. Your participation in a CIT program can lead to leadership opportunities at school, in extracurricular activities and at future jobs.

Age: **Entering Grade 7 to Grade 9**
Location: **Finn or Woodward School**
Time: **8:30 am to 12:30 pm (to include snacks every day)**
Program Fee: **\$155pp/week (must sign up for 2 weeks) additional weeks will be on waitlist**

Participant Name: _____		
DOB _____	Age: _____	Grade entering Fall 2019: _____
Address: _____		Home Phone: _____
Email: _____		
(Email will be our first and primary means of contact, with multiple emails, pls place ; after each email account)		

Emergency Information:

Name of parent: _____	
Number where parent can be reached at all times: _____	
Who do you authorize to pick up your child in your absence?	
1. _____	Phone # _____
2. _____	Phone # _____

Please circle your selection below (dates and camp location)

Please number in order of preference if registering for more than 2 weeks.

Week	1 6/24-6/28	2 7/1-7/5	3 7/8-7/12	4 7/15-7/19	5 7/22-7/26	6 7/29-8/2	7 8/5-8/9	TOTAL
FINN	\$155	\$124	\$155	\$155	\$155	\$155	\$155	
WOOD- WARD	\$155	\$124	\$155	\$155	\$155	\$155	\$155	

Make checks payable to Southborough Recreation. **No Refunds.**

No changes accepted after June 14 2018.

A credit, however, may be applied to another week (or weeks) of CIT camp ONLY on the current year.

I agree not to hold responsible the Southborough Recreation Commission; the Town of Southborough; the owners of the premises where the program is held; or any of the parties connected with the program for any injury or accident that may occur during the program. I understand that if my child becomes a discipline problem he/she will be dismissed from the program. No money will be refunded. I also grant permission for the Recreation staff to seek medical care in the event I cannot be reached. (All participants in any town recreation program must complete this waiver.)

Signature Parent/Guardian _____ **Date** _____

Horse Programs

Willow Brook Farm (aka) Lil Folk Farm provides horseback riding lessons for all ages and abilities from beginners to recreational riders and those who want to fine tune their skills for showing. The philosophy of the farm is to teach riders how to ride in the safest possible manner, to understand how their riding can effect the horse, and to have fun in the process. The Farm is located at 1070 Washington Street, Holliston, MA 01747

Summer Horse Riding Programs at Willow Brook Farm

Session Dates are as follows: Monday to Friday Min 2/ Max 4

Session 1: June 24 to June 28 Session 4: July 22 to July 26 Session 7: Aug 12 to Aug 16

Session 2: July 8 to July 12 Session 5: July 29 to Aug 2 Session 8: Aug 19 to Aug 23

Session 3: July 15 to July 19 Session 6: Aug 5 to Aug 9

ASTM approved riding helmet, riding boots, and long pants are required for riding. Campers may provide their own helmet and boots, rental or purchase of equipment is available on site.



Summer Camp-Tiny Trotters

\$370/pp

Ages: 4 to 6 years

Time: 8:30 am to 12:30 pm

Perfect way to develop your child's love for ponies, riding, and farm life! Campers will learn to groom, tack, lead, and care for ponies through hands on interaction and fun games. Each morning riders will have a private riding lesson by a licensed instructor.

Summer Camp—Junior Farmers

\$280/pp

Ages: 4 to 12 years old

Time: 8:30 am to 12:30 pm

Farmers will have a wonderful summer week learning about all of our barnyard animals! Learn to handle and care for goats, sheep, llamas, alpacas, donkeys, pigs, chickens and more! Add in some goat bathing and you have a summer week of farm fun! Collecting farm fresh eggs are also a special treat to bring home each day. Farm games like grain bag races, wheel barrel races, and egg tosses are also a daily occurrence.



Summer Riders

\$370/pp

Ages: 7 to 16 years old

Time: 8:30am to 12:30 pm

Spend your summer vacation at our riding academy; learn to ride or develop your riding skills! Our camp is perfect for the beginner, intermediate, or advanced rider. Campers will ride daily with our Massachusetts certified instructors based on their riding skills. Campers ride each day in groups formed by their level of riding experience to provide for proper instruction. Campers with prior riding experience receive more advanced instruction to ensure they are challenged in all aspects of their riding education. Campers will also work on various horsemanship skills, such as grooming, braiding, bathing, feeding, stall maintenance, horse training skills, leading, and much more! Riders will be also be exposed to driving basics with the miniature horses.

PK Programs

Saturday PK programs are held at the Woodward School Gym.

Programs will run based on minimum number of registered enrollments one week prior to start date.

If we do not meet the enrollment numbers, they will be cancelled. Please do not wait until the last minute to sign up. A high level of planning and coordination is involved to make these programs successful, please sign up as soon as possible to avoid disappointment.

Don't Wait or It Will Be Too Late



PK Soccer

\$75/pp

Ages: 3 to 6 (potty trained)

Days: Saturdays

Time: 9am to 10am

Dates: May 4, 11, 18, 25, June 1

Location: Fayville Memorial Park

Instructor: FAST Athletics

Min 10/Max 30



These action packed soccer sessions teach players the basics of soccer through a series of fun games in a non-competitive setting. We will work on shooting, passing, dribbling, and trapping, and enjoy exciting scrimmages. Players will be grouped by age and ability. Please wear comfortable clothing, sneakers and bring a water bottle.

Mini Lobber Tennis

\$170/pp

Ages: 4 to 6

Time: Sundays, 4:30 to 5:30pm

Days: April 7, 14, 28, May 5, 12, 19 (no class 4/21)

Location: Westboro Tennis & Swim Club

Max 4

Instructor: WT&S Staff



Students start to develop basic essential skills-handling and swinging racket, throwing, and rolling and catching. Students will focus on basic movements; running, jumping, and balance. The main goal of the class is to develop body control using tennis based activities and to have fun.

Junior Little Easy Golf

\$120/pp

Ages: 5 & 6

Time: 10am to 12noon

Days: Session 1: June 24, 25, 26

Session 3: July 15, 16, 17

Session 5: Aug 5, 6, 7

Session 2: July 8, 9, 10

Session 4: July 22, 23, 24

Location: Juniper Hill Golf Course, 202 Brigham Street, Northboro

Min 2/ Max 5

Introduce your junior golfer to the great game of golf in a fun, safe manner. Program is designed to introduce the beginner or slightly experienced junior to the basics of the game. As they continue to gain experience, their technique and enjoyment for the game will continue to grow.



PK Programs

Gym, Tennis and Swim

\$265/pp

Ages: 4 to 6 (potty trained)
 Days: Mondays Dates: March 18, 25, April 1, 8, 22, 29, May 6, 13
 Time: 10am to 11:30am
 Location: Westboro Tennis & Swim Club
 Instructor: WT&S Staff Max 3

Are you looking for something fun and active for your child to do while you run a quick errand or workout? Come join us for 1/2 hour of gym games, 1/2 of tennis lessons, and 1/2 hour Red Cross swim lessons. This is a great way to introduce various sports activities to young players. Personal trainers will oversee the gym games, tennis classes will be taught by one of our tennis pros and WSI Instructors will be teaching the swim lessons.



Move, Groove and Swim

\$240/pp

Ages: 2.5 to 5 years
 Days: Wednesdays Dates: March 20, 27, April 3, 10, 24, May 1, 8, 15 (OR)
 Thursdays Dates: March 21, 28, April 4, 11, 25, May 2, 9, 16
 Time: 9:30 to 11am
 Location: Westboro Tennis & Swim Club
 Instructor: WT&S Staff Min 2/Max 4

These classes are jam-packed with smiles, laughter, singing and fun. Each class teaches age appropriated motor skills that improve agility, balance, coordination, endurance, flexibility, and speed. After the workout, your little one will cool off in the pool with 1/2 hour multi-level Red Cross swim lesson. Every class is different and guaranteed to keep your little one moving. This is a DROP OFF class.



Leaps, Twirls, and plash

\$265/pp

Ages: 2.9 to 5 years
 Days: Mondays Dates: March 18, 25, April 1, 8, 22, 29, May 6, 13
 Time: 9:30 to 11am
 Location: Westboro Tennis & Swim Club
 Instructor: WT&S Staff Min 2/Max 4

In this fun and energetic class, we will skip, twirl, and leap...stretch, shake and smile! This is 45-minute class for preschoolers consisting of ballet, jazz, and creative movement. Dancers in this class will learn basic dance steps and will improve their balance, flexibility, and coordination. Class will consist of a mixture of age appropriate exercises, fun dances, and music. Classes may use props such as hula hoops, scarves or tambourines to inspire your dancer! Starting dance at a young age helps to grow confidence and teach healthy habits. Following the dance portion of the class, your child will enjoy a 30-minute Red Cross swim lesson.

This is NOT a child and guardian class. Please have your child wear comfortable clothing that he/she can move around in. A leotard it not required but form fitting clothing is recommended.



Youth Programs

Co-ed Flag Football League

Cost \$90/pp

Dates: Sundays, April 28 to June 9 (skip May 26) (April 28 is practice only)

Age: Grades 2/3—between 4 to 7pm, times will change depending on game scheduled.
 Grades 4/5—between 4 to 7pm, times will change depending on game scheduled.
 Grades 6/7—between 4 to 7pm, times will change depending on game scheduled.

Location: All games and practices at the Chauncy Field in Westborough

Time: 4 to 7pm



Northborough, Southborough, Westborough, and Grafton Recreation to offer a co-ed flag football League for Grades 2 to 7. This program is perfect opportunity for a child to learn, or enhance, the fundamental skills of football in a safe and fun environment with an emphasis on participation, teamwork, and good sportsmanship. *Kids can request to play on friends teams.

Teams will be formed randomly in each of the age divisions. Grades 2/3; 4/5; 6/7

Specific times for grade levels will be scheduled after teams have been formed.

Coaches will be trained before the season so everyone knows the rules. We will have staff on hand during the first week of practice to help out the coaches as well.

The goal of the league is to ensure that all players receive thorough instruction and gain a comprehensive understanding of the sport, and develop the skills and techniques necessary to succeed. All games will be played in Westborough. Schedules will be available at www.northboroughrecreation.com after teams are made.

Volunteer coaches are needed for each of the teams.

Please contact our office at 508-229-4452 or email jhom@southboroughma.com if you are interested.



Swim Lessons are held at YMCA Family Boroughs Branch, 4 Valente Drive, Westborough, MA 508-870-1320

Children will learn to be comfortable in the water and basic water safety. As they progress, they will be introduced to fundamental skills, such as kicking, coordinating arm and leg movements and improving upon skills previously learned. They will learn foundational swimming concepts in a safe and fun environment. Skills are age appropriate, allowing students to achieve success on a regular basis. All Lessons are 30 minutes long.

Participants must register with Southborough Recreation to take advantage of special non-member pricing.

Program information will be posted when it becomes available. Registration will begin Monday, 3/18.

Online registration is simple and free

*Please visit <http://southborough.recdesk.com> to set up an account
or call the office if you are not sure if you have an account.*

Youth Programs

World Cuisine 2

\$275/pp

Ages: 6 to 12
 Date: Thursdays, March 28, April 4, 11, 25, May 2 (no class 4/18)
 Time: 5:30 to 7pm
 Location: Paradise Island Kids, 108 Milk Street, Westborough
 Min 2/Max 8



Learn how to cook our Favorite International Meals-all from scratch! 5 week class series includes French, Mediterranean, Thai, and Spanish cuisines. After class enjoy your fresh and delicious meal! No class 4/18 due to school vacation.

Pies, Tarts & Crisps

\$250/pp

Ages: 6 to 12
 Date: Saturdays, March 30, April 6, 13, 27, May 4 (no class 4/20)
 Time: 9:30 to 11am
 Location: Paradise Island Kids, 108 Milk Street, Westborough
 Min 2/Max 8



Learn all bout baking pies, tarts and crisps using a variety of fresh ingredients (apple, peach, blueberry, and more!) No class 4/20 due to school vacation.

Beautiful Brunch

\$285/pp

Ages: 6 to 12
 Date: Fridays, May 10, 17, 24, 31, June 7, 14
 Time: 6 to 7:30 pm
 Location: Paradise Island Kids, 108 Milk Street, Westborough
 Min 2/Max 8



This is a combination cooking and baking class where kids will learn how to cook the best brunch of foods around including egg dishes, scones, crepes and more! 6 class series

Food Imposters

\$285/pp

Ages: 6 to 12
 Date: Saturdays, May 11, 18, 25, June 1, 8, 15
 Time: 9:30 to 11am
 Location: Paradise Island Kids, 108 Milk Street, Westborough
 Min 2/Max 8



Not everything is as it seems in this class where junior bakers will learn the art of making and decorating fake-out foods. Creations will look like Burgers, Nachos, and Pizza but will actually be desserts masquerading as savory foods. This is a 6 week class.

Youth Programs

Home Alone Safety

FREE

Age: Grades 6—8
 Date: Friday, May 10 Time: 6pm to 6:45 pm
 Location: Senior Center , 9 Cordaville Road
 Instructor: Officer Landry Min 8/Max 15



Parents, ever wonder if you've covered all the bases when leaving your children home alone for the first time? *This class will help ease your mind.* Participants will learn accident and fire protection, first aid techniques, internet safety, answering telephone and door techniques. The class includes a variety of teaching methods, including a video and role playing. **Southborough Residents Only.**

Registration is REQUIRED

Babysitting 101

\$80/pp

Ages: 12 and up
 Session 1: Monday, April 15 Time: 9am to 3pm
 Session 2: Monday, August 26 Time: 9am to 3pm
 Instructor: Boroughs CPR
 Location: South Union Building Min 8/Max 12



Designed for 12 year old and up who wishes to learn how to care for infants and children. The course is fun and fast paced with hands-on-activities, role-play and lively discussions. You will learn to be the best babysitter on the block. You will gain confidence to make smart decisions and stay safe in any babysitting situation.

Topics to be covered are: why babysit, starting your babysitting business, babysitting responsibilities, preventing problems, safety & emergency situations, discipline & behavioral issues and activities for various ages.

You will receive a Certificate upon completion of the course along with folder and handouts on some of the training details taught during the day.

Please visit our website frequently for updates on programs and community events.

<https://southborough.recdesk.com/>



Join our mailing list! Get all the latest registration news and announcements.

Tickets to Canobie Lake Park will be available at a discounted rate.

Good for any open day from May 6 to October 27, 2019. Parking is FREE!

Tickets will go on sale in Mid-March.



Summer Soccer Programs

First KIX Soccer

\$90/pp

Ages: 3 to 5 (potty trained)
 Date: Monday to Friday, August 12 to August 16
 Time: 8:15am to 9am
 Instructor: BEST FC and BEST Soccer
 Location: Neary Field
 Min 10/ Max 15



Our First KIX classes offers a unique, friendly and FUN introduction to dribbling, stopping, and controlling the ball. They are purposely designed to be non-competitive, silly, age appropriate and a high energy experience for children. Our soccer program features exciting games and activities to teach the fundamental skills of the sport. What to Bring? Plenty of water, shin guards, sneakers or cleats

Half Day Soccer

\$150/pp

Ages: 5 and up
 Date: Monday to Friday, August 12 to August 16
 Time: 9am to 12noon
 Instructor: BEST FC and BEST Soccer
 Location: Neary Field
 Min 10/Max 15



BEST Soccer Camp will focus on a different technical topic each day. Players will learn importance of a good warm up through fun games and activities. Coaches will develop the basic foot skills, passing and shooting through structured games with every player actively involved. Players will also learn the basics of soccer match play via 3x3 tournaments focusing on positions, start of play and deal ball situations. The games and matches develop safe play, teamwork, communication and interest in soccer while still having lost of FUN! What to bring? Plenty of water, shin guards, sneakers or cleats, nut free snack

Full Day Soccer

\$220/pp

Ages: 7 and up
 Date: Monday to Friday, August 12 to August 16
 Time: 9am to 3pm
 Instructor: BEST FC and BEST Soccer
 Location: Neary Field
 Min 10/Max 15



Players will be challenged to develop their skills through conditioned games and coached scrimmages. Focus will shift towards the WHEN, WHERE, and WHY in order to get a better understanding of the game. Players will also develop their position sense and spatial awareness in a tournament played at the end of every session. Players will be divided by age and skill level to ensure an appropriate environment for a challenging and fun camp week. What to bring? Plenty of water, shin guards, sneakers or cleats, 2 nut free snacks, lunch

Ooops! We cancelled your class because we didn't know you were interested. We have wonderful classes with excellent instructors and sometimes we have to cancel classes because people wait too long to register. Our programs have minimum enrollment requirements that must be met in order to hold the class. So don't wait or it may be too late!



Registration deadline is one week prior to start of program

Youth Programs

Coed Rugby

\$95/pp

Ages: Grade 6 to 8
 Days and Times: Sundays 10am to 12noon, Wednesdays 6 to 8pm
 Dates: April 28, May 1, 5, 8, 15, 19, 22, 29
 June 2, 5, 9, 12, 19, 23, 26, 30,
 July 7, 10, 14, 17, 21, 24,
 Location: Liberty Field
 Instructor: Northborough/Southborough Eagles Rugby
 Coordinator: Edward Gostick
 Min 15/Max 30

Rugby is a fast paced, fun, safe and exciting sport. This game was created when breaking the rules of soccer by picking up the ball and running with it. It is now the fastest growing sport in the US. This sport teaches teamwork, field vision, and dynamic thinking under pressure. No prior experience is needed. Players will be coached by USA Rugby qualified coaches. Regular training begins April 28 and will end with a Bay State Game Tournament. Program fee includes equipment, tshirt, and tournament fees. Please bring water.

Kangaroo Clinic *Field Hockey Skills Camp*

\$265/pp

Ages: Entering Grades 6 to 12
 Days: Monday to Thursday
 Time: 8:30 to 3pm
 Dates: August 5 to August 8
 Location: 911 Memorial Field
 Instructor: Kangaroo Clinic
 Min 25/Max 50

Operating since 2002, Kangaroo Clinics is a unique concept where highly skilled and experienced coaches provide a tailored program to meet the needs of high school teams, as well as individual players. There will be individual skills sessions as well as group skills, set play development and strategy sessions to involve as many skills as possible each day. Goal keepers will also receive specialized one-on-one instruction on skills and techniques necessary to play vital positions. Coaching staff includes David Mike, Clinic Director/Head Coach from Australia and as well as other international coaches. Each participant will receive a Kangaroo Clinic t-shirt. This program is not available to register online. Please make checks payable to "David Mike". Participants should bring shin guards, sticks, mouth guards, appropriate shoes, water bottle, lunch, 2 snacks, and sunscreen



Tickets to Six Flags will be available at a discounted rate.
 Good for any open day from
 April 1 to October 31, 2019
 Tickets will go on sale in Mid-March.



Tickets to Canobie Lake Park will be available at a discounted rate.
 Good for any open day from May 5 to October 28, 2019. Parking is FREE!
 Tickets will go on sale in
 Mid-March.



Youth Programs

Our programs have minimum enrollment requirements that must be met in order to hold the class. So don't wait or it may be too late! Registration deadline is one week prior to start of program.



Chemical Creations

\$150/pp

Ages: 6 to 12 Min 7/Max 14
 Dates: June 24 to June 28
 Days: Monday to Friday
 Time: 8:30 to 11:30
 Instructor: Minds in Motion LLC
 Location: South Union Building



Come experience an exciting and hands-on world of fun as you conduct a variety of scientific experiments! Make and take home a wide assortment of formations like play-dough, flubber, and slime. Also witness some fascinating science demonstrations from your instructor!

Roller Coaster & Amusement Park Rides

\$165/pp

Ages: 7 to 12
 Dates: June 24 to June 28
 Days: Monday to Friday
 Time: 12 to 3pm
 Location: South Union Building Min 7/Max 14
 Instructor: Minds in Motion

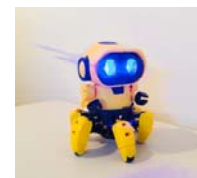


Team up with other classmates in building some of the most electrifying amusement park rides you have ever seen! Learn all about how roller coasters work, the basic physics behind them, and see your finished creations in action. Take home your own amusement park ride!

KIKO.893 Robot Workshop

\$150/pp

Ages: 7 to 12
 Dates: August 19 to August 23
 Days: Monday to Friday
 Time: 8:30 to 11:30
 Location: South Union Building Min 7/Max 14
 Instructor: Minds in Motion



Build and take home your own KIKO.893 robot! This robot has two pre-programmed modes and scans its surroundings using an infrared sensor! Its legs allow it to turn 360 degrees and seamlessly complete obstacles!

Electricity Magnetmania, and More!

\$150/pp

Ages: 7 to 12
 Dates: August 19 to August 23
 Days: Monday to Friday
 Time: 12 to 3pm
 Location: South Union Building Min 7/Max 14
 Instructor: Minds in Motion



Learn all about electronics, magnetism, and more in this fun and educational hands-on workshop! Take part in our Minds in Motion electronic lab and take home your very own circuit kit. You will also take part and witness many cool magnetic experiments!

Youth Programs

Rocket Science

\$200/pp

Ages: Grades K to 3 Min 8/Max 20

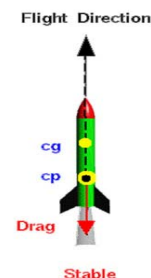
Dates: August 12 to August 16

Days: 9am to 12noon

Instructor: Wicked Cool Kids

Location: South Union Building

A perennial favorite returns! Build and launch our favorite solid fuel rocket, the customizable E2X: perfect for the young aerospace engineer. Keep a Commander's Log as you investigate the solar system, design a satellite, and build a space base for an astronaut. Blast off with a solid fuel high flying rocket launch at the



Fairy House/Pirate Cove & Baking

\$275/pp

Ages: 6 to 12

Dates: August 12 to August 16

Days: Monday to Friday

Time: 9am to 1pm

Instructor: Paradise Island Kids

Location: 108 Milk Street, Westborough Min 3/Max 10

Bring your imagination & creativity! Kids will design, create & decorate their very own one of a kind fairy house or pirate cove and fill it with furniture, fixtures and mixed media materials like wood, rocks and greenery! All creations will be taken home on the last class for endless play or decoration. We will also make a different baked good daily to enjoy for our snack!

Baking Extravaganza-Advanced Bakers

\$350/pp

Ages: 8 to 14

Dates: August 12 to August 16

Days: Monday to Friday

Time: 1pm to 5pm

Location: Paradise Island Kids

Instructor: 108 Milk Street, Westborough Min 3/Max 10



This class is for our advanced bakers ages 8-14 that have mastered our basics and intermediate courses or have been personally recommended. Have you ever wanted to learn something you've seen on a tv baking show? Bring your ideas to this class where kids will help shape the curriculum, make kids choice baked snacks daily and finish with a French Macaroon and Meringue Sparkle Cake! See daily menu below. Class taught by award winning pastry chef Kati Cakes. Day 1: Kids help create the curriculum, Nut Free French Macaroons for Finale Sparkle Cake Day 2: Kids choice snack, Meringues, Make your own fondant Day 3: Make your own snack, Cannolis, Chocolate Ganache Day 4: Kids choice snack, Buttercreams, Master Russian Piping Tips Day 5: Kids Choice snack, finish Sparkle Cake

Tickets to Water Country will be available at a discounted rate.

Good for any open day from

June 10 to September 1

Tickets will go on sale in Mid-April.



Movie tickets are available for purchase at

\$11 per ticket at the Recreation Office.

No Restrictions (Only checks and cash accepted)

Solomon Pond Mall




Swim Lessons

are held at Wayside Athletic Club, 80 Broadmeadow Street, Marlborough, MA



Wayside offers a 5-lane, 25-yard long indoor pool and whirlpool for your enjoyment no matter the weather. Our outdoor pool is 6-lane, 25-yards long and features a slide and a 1-meter diving board. The shallow area has walk-in stairs for easy entry. Your kids will love the Wayside zero-entry kiddie pool, complete with fun features for water play!

Participants must register with Southborough Recreation to take advantage of special non-member pricing.

Ages: 6 months to 3 years		Cost \$119/parent and child
Level: Parent/Child Aquatics (one parent to one child ratio)		
Day and Dates: Thursday, April 25, May 2, 9, 16, 23, 30, June 6		Time: 10:15 to 10:45am (OR)
Friday, April 26, May 3, 10, 17, 24, 31, June 7		Time: 11:15 to 11:45am
Max 2/ Max 8		
This class introduces basic skills to parents and child then builds on those skills through songs and games. Parents are taught to safely work with their child in the water, including how to appropriately support their child and how to prepare and encourage their child to participate fully and try new skills. Parents or caregivers will be introduced to water safety topics while children will be given a foundation for future skills.		
		

Level: Beginner		Cost \$119/pp
Ages: 3 to 5		
Day and Dates: Thursday, April 25, May 2, 9, 16, 23, 30, June 6		Time: 10:45 to 11:15am (OR)
Friday, April 26, May 3, 10, 17, 24, 31, June 7		Time: 10:45 to 11:15am (OR)
Friday, April 26, May 3, 10, 17, 24, 31, June 7		Time: 11:15 to 11:45am
Min 2/Max 4		
There are no prerequisites for this course. This class familiarizes children to the aquatic environment and teaches them rudimentary aquatic skills. The class encourages participants to develop positive attitudes and safe practices in and around the water. To progress to Advanced Beginner, swimmers must be comfortable in the water and demonstrate that they can swim on their own while using or wearing a flotation device.		
Level: Advanced Beginner		Cost \$119/pp
Ages: 3 to 5		
Day and Dates: Thursday, April 25, May 2, 9, 16, 23, 30, June 6		Time: 10:15am to 10:45am (OR)
Thursday, April 25, May 2, 9, 16, 23, 30, June 6		Time: 10:45 to 11:15am (OR)
Friday, April 26, May 3, 10, 17, 24, 31, June 7		Time: 10:45 to 11:15am
Min 2/Max 4		
Children entering this course must have a Beginner Swimming certificate or be able to demonstrate all of the completion requirements from Beginner Swimming. The objectives of Advanced Beginner Swimming are to build upon the skills learned in Beginner Swimming and give children success with fundamental skills. Children learn to float on the back without support and to recover to a vertical position. This level marks the beginning of true locomotion skills. Children continue to explore simultaneous and alternating arm and leg actions on front and back to lay the foundation for future strokes. Advanced Beginner Swimming adds to the self-help and basic rescue skills begun in Beginners Swimming.		

Swim Lessons



are held at Wayside Athletic Club, 80 Broadmeadow Street, Marlborough, MA

Wayside offers a 5-lane, 25-yard long indoor pool and whirlpool for your enjoyment no matter the weather. Our outdoor pool is 6-lane, 25-yards long and features a slide and a 1-meter diving board. The shallow area has walk-in stairs for easy entry. Your kids will love the Wayside zero-entry kiddie pool, complete with fun features for water play!


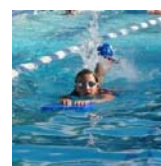
Participants must register with Southborough Recreation to take advantage of special non-member pricing.

Level:	Intermediate	Cost \$119/pp
Ages:	3 to 5	
Day and Dates:	Tuesdays, April 23, 30, May 7, 14, 21, 28, June 4	Time: 5:30 to 6pm Max 2
The objective of Intermediate Swimming is to build on the skills in Advanced Beginner Swimming by providing additional guided practice. Children learn to effectively coordinate combined simultaneous arm and leg actions and alternating arm and leg actions. As in all levels, additional safety skills are learned.		

Level:	Level 2	Cost \$210/pp
Ages:	5 to 12	
Day and Dates:	Tuesdays, April 23, 30, May 7, 14, 21, 28, June 4	Time: 4:45 to 5:30pm (OR)
	Saturdays, April 27, May 4, 11, 18, 25, June 1, 8	Time: 10:30 to 11:15am Max 2
The objective of Level 2 is to give participants success with fundamental skills. Participants learn to float without support and to recover to a vertical position. This level marks the beginning of true locomotion skills. Participants continue to explore simultaneous and alternating arm and leg actions on the front and back to lay the foundation for future strokes.		

Level:	Level 4	Cost \$210/pp
Ages:	5 to 12	
Day and Dates:	Saturdays, April 27, May 4, 11, 18, 25, June 1, 8	Time: 9:30 to 10:15am (OR)
	Sundays, April 28, May 5, 12, 19, 26, June 2, 9	Time: 12:15 to 1pm Max 2
The objectives of Level 4 are to develop confidence in the strokes learned thus far and to improve other aquatic skills. Participants improve their skills and increase their endurance by swimming familiar strokes (front crawl, elementary backstroke) for greater distances. Students also continue to build upon the scissors kick and dolphin kick by adding the arms for sidestroke and butterfly. The back crawl and the breaststroke are introduced in Level		

Level:	Level 5	Cost \$210/pp
Ages:	5 to 12 and up	
Day and Dates:	Sundays, April 28, May 5, 12, 19, 26, June 2, 9	Time: 9 to 9:45am
Max 2		
<p>This course combines the skills for both Level 5 – Stroke Refinement, and Level 6 – Swimming and Skill Proficiency. Participants in this combination course will refine skills for all strokes (Front Crawl – know competitively as Freestyle, Back Crawl – known competitively as Backstroke, Butterfly, Breaststroke, Elementary Backstroke, and Sidestroke) to swim with increased ease, efficiency, power and smoothness over greater distances. Starts and Turns will be introduced as well as Personal Water Safety skills.</p>		

A photograph of a person swimming in a pool. The person is wearing a blue swim cap and goggles, and is in a freestyle stroke. The water is blue, and there are white lane lines visible in the background.

Tennis Lessons

are held at Wayside Athletic Club, 80 Broadmeadow Street, Marlborough, MA

The knowledgeable and friendly pros at Wayside will help you achieve your

tennis goals. There are programs for children, adults, families, and tournament circuit players. Serve up some tennis fun on one of our six plexi-pave hard courts – 3 are indoors just off the main lobby and 3 are under a bubble.

Participants must register with Southborough Recreation to take advantage of special non-member pricing.



Level: RED Ball		Cost \$175/pp
Age:	5 to 8	
Day:	*Monday, April 22, 29, May 6, 13, 20, June 3, 10	Time: 4 to 5pm (OR)
	Wednesday, April 24, May 1, 8, 15, 22, 29, June 5	Time: 3:30 to 4:30 pm (OR)
	Friday, April 26, May 3, 10, 17, 24, 31, June 7	Time: 3:30 to 4:30 pm
Time:	4pm to 5pm	Max 2
Young players start learning with a red ball that is larger, slower, and lighter. They play on a smaller court with a lower net, scaled to size to allow players to cover the court, hit more balls, and build confidence. Young juniors develop their technique and learn simple tactics.		
*Monday classes are 6 weeks long pro-rated \$150/pp		

Level: ORANGE Ball		Cost \$210/pp
Age:	8 to 10	
Day and Dates:	Tuesday, April 23, 30, May 7, 14, 21, 28, June 4	Time: 3:30 to 4:30 pm (OR)
	Friday, April 26, May 3, 10, 17, 24, 31, June 7	Time: 4:30 to 5:30pm
Orange balls are the same as a standard yellow ball, but are lighter and bounce lower. Play is on a mid-sized court with a standard net. Juniors continue to build technique and tactical skills as well as confidence in their playing ability.		

Level: GREEN Ball		Cost \$210/pp
Age:	9 to 12	
Day and Dates:	Wednesdays, April 24, May 1, 8, 15, 22, 29, June 5	Time: 3:30 to 4:30 pm (OR)
	Friday, April 26, May 30, 10, 17, 24, 31, June 7	Time: 5:30 to 6:30 pm
As junior players grow and build strokes, movement and tactical skills, they move to a full size court. The green ball is slightly lighter and slower than a yellow ball which gives players more time to get to and return shots.		
A prerequisite for Green Ball is having taken a number of Orange Ball intro classes or to be able to rally with proper stroke mechanics.		

Teen Tennis		Cost \$245/pp
Age:	13 plus	
Level:	Beginner	
Day and Dates:	Wednesday, April 24, May 1, 8, 15, 22, 29, June 5	Time: 6 to 7pm
Max 2		
Teen Tennis is designed for the teenager who has had little or no prior tennis experience. Students will learn all the basic strokes as they develop enthusiasm for the game. Fitness and movement are also emphasized.		

Tennis Programs



Youth Tennis—Indoors **6 Weeks** **\$130/pp**

Each group will receive instruction appropriate to their levels from experienced Pros. Beginners and Advanced Beginners will practice basic strokes and footwork patterns, and will learn the rudiments of the game. Intermediates will also work on strokes, and will participate in more playing drills designed to practice positioning, tactics, shot selection, game situations and more!

Ages: 6 to 16

Days: Sundays, April 7, 14, 28, May 5, 12, 19 (no class 4/21)

Location: Westboro Tennis & Swim Club

Levels and Times:

Beginner (little or no instruction)	5:30 to 6:30	Max 4
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Adv Beginner/Int (volley, play a set, aware of strokes)	6:30 to 7:30	Max 3
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Youth Tennis Summer Clinics **\$90/pp**

Location: Richardson Courts at Neary School

Instructor: James Hawn

Ages: 7 to 13

Days: Monday to Thursday (Friday is rain date)

Min 3/Max 6

Week 1: June 24 to June 27

Week 4: July 22 to July 25

Week 2: July 8 to July 11

Week 5: July 29 to Aug 1

Week 3: July 15 to July 18

Week 6: Aug 5 to Aug 8

If you are a tennis lover of any level, our clinics are the best way for you to hone your skills. Players range from beginning to intermediate and will be grouped according to skill level. Our goal is to provide every player to hit a ton of balls, improve their technique and match play skills, and learn in a fun environment with other players in their peer group. You will be taught fundamental technical tennis instruction and supervised match play. There will be variety of games, drills, practice routines to improve your tennis. You will be stimulated and challenged at all levels and abilities. Please bring tennis racquet, a water bottle and apply sunscreen before arrival.

Beginner/Advanced Beginner: Age 7 to 12

Time: 8:45 to 9:45am

Students will learn all the basic skills and work on refining their technique. Moving and hitting are emphasized, and students will focus drills and match plays.

Intermediate/Advanced Intermediate: Age 9 to 13

Time: 10am to 11am

Students who have some experience and can hit a tossed ball consistently. Knowledge of basic strokes and ready for next level of play.

Time to restring your racquet? All racquets, all types and all tensions.

Starting at \$25/ per racquet OR \$20 with your own string.

FREE string job for every 10 racquets strung within 2 years.

Pick up and drop off may be available.

Call Bob at 774-249-3247

24 Hour Service



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Youth & Adult Golf Lessons



Junior Little Easy Golf

\$120/pp

Ages: 5 & 6

Time: 10am to 12noon

Days: Session 1: June 24, 25, 26

Session 3: July 15, 16, 17

Session 5: Aug 5, 6, 7

Session 2: July 8, 9, 10

Session 4: July 22, 23, 24

Location: Juniper Hill Golf Course, 202 Brigham Street, Northboro

Min 2/ Max 5

Introduce your junior golfer to the great game of golf in a fun, safe manner. Program is designed to introduce the beginner or slightly experienced junior to the basics of the game. As they continue to gain experience, their technique and enjoyment for the game will continue to grow.

Junior Group Series

Held at Juniper Hill Golf Course, 202 Brigham Street, Northboro.

Great program for golfers of all abilities. Instructors work with students individually within the group.

All aspects of the game from full swing to short game will be covered. Five, one hour classes encourage gradual improvement over five weeks. Each class meets once a week for five consecutive weeks.

Junior Golf Group Series

\$110/pp

Ages: Juniors (8 to 16)

Min 2/Max 4

Level: Beginner

Dates & Times: (select one)

Tuesday, April 23, 30, May 7, 14, 21

Time: 4:30 to 5:30pm

Wednesday, April 24, May 1, 8, 15, 22

Time: 4:30 to 5:30pm

Thursday, April 25, May 2, 9, 16, 23

Time: 4:30 to 5:30pm

Saturday, April 27, May 4, 11, 18, 25

Time: 10 to 11am

Sunday, April 28, May 5, 12, 19, 26

Time: 10 to 11am

Level: Intermediate

Dates & Times: (select one)

Tuesday, April 23, 30, May 7, 14, 21

Time: 4:30 to 5:30pm

Thursday, April 25, May 2, 9, 16, 23

Time: 4:30 to 5:30pm

Level: Parent/Child

\$220/parent&child

Wednesday, April 24, May 1, 8, 15, 22

Time: 5:30 to 6:30pm

Saturday, April 27, May 4, 11, 18, 25

Time: 11am to 12noon



We cancelled your class because we didn't know you were interested. We have wonderful classes with excellent instructors and sometimes we have to cancelled classes because people wait too long to register. Our programs have minimum enrollment requirements that must be met in order to hold the class. So don't wait or it may be too late!

Youth & Adult Golf Lessons

AMC Movie tickets are available for purchase at

\$11 for Gold experience

No restrictions



Only cash and checks accepted



Junior Golf Camp at Juniper Hill

\$260/pp

Ages: 7 and above

Days: Monday to Thursday

Time: 9am to 1pm

Dates: Session 1: April 15, 16, 17, 18

Session 6: July 22, 23, 24, 25

Session 2: June 24, 25, 26, 27

Session 7: July 29, 30, 31 Aug 1

Session 3: July 1, 2, 3, and 5 (no 7/4)

Session 8: Aug 5, 6, 7, 8

Session 4: July 8, 9, 10, 11

Session 9: Aug 12, 13, 14, 15

Session 5: July 15, 16, 17, 18

Session 10: Aug 19, 20, 21, 22

Location: Juniper Hill Golf Course, 202 Brigham Street, Northboro

Instructor: Golf Teaching Center

Min 3/ Max 5

Children will enjoy a fun week of golf to develop correct swing mechanics, and they will become better players. A combination of instruction, imitation and fun exciting games will keep their interest level high. Putting, chipping, full swing, on-course instruction, etiquette and rules of golf will be covered. Program includes individual attention, video analysis, short game instruction, full swing instruction, flexible schedules, fun games and refreshments. Golf clubs will be provided if needed along with golf balls, snacks, refreshments and prizes.

Philosophy: Goal is to make sure campers enjoy themselves playing golf. If they enjoy golf, they will keep playing. As they keep playing, and develop correct swing mechanics, they will become better players. Juniper Hill Golf instructors will combine instruction, imitation, and fun exciting games to keep their interest level high.

Junior Golf Camp at Juniper Hill (Level 2)

\$260/pp

Ages: 7 and above

Days: Mondays to Thursdays

Time: 9am to 1pm

Dates: Session 1: April 15, 16, 17, 18

Session 4: July 29, 30, 31, Aug 1

Session 2: June 24, 25, 26, 27

Session 5: Aug 5, 6, 7, 8

Session 3: July 8, 9, 10, 11

Location: Juniper Hill Golf Course, 202 Brigham Street, Northboro

Instructor: Golf Teaching Center

Min 3/ Max 5

This program is designed to help the junior player improve his or her technique and playing ability. Whether you are trying to make the High School team or just develop a greater enjoyment for the game, the personalized attention will help achieve those goals. Program includes Video analysis, full swing instruction, short game instruction, sand play, specialty shots (uneven lies, trajectory control) and on course instruction.



Youth & Adult Golf Lessons

Spring Tune Up

\$120/pp

Ages: 17+

Dates: Tuesdays, March 19 and Wednesday, March 20	Time 10am to 1pm
Saturday, March 23 and Sunday, March 24	Time: 10am to 1pm
Friday, March 29, and Saturday, March 30	Time: 10am to 1pm
Tuesday, April 2 and Wednesday, April 3	Time: 10am to 1pm
Saturday, April 6 and Sunday, April 7	Time: 10am to 1pm
Saturday, April 13 and Sunday, April 14	Time: 10am to 1pm

Location: Juniper Hill Golf Course, 202 Brigham Street, Northboro

Instructor: Golf Teaching Center Min 3/ Max 4

This is a 3-hour program each day that will cover putting, chipping, iron play, fairway woods and driving. Golfers of all abilities will benefit because we work with each individually within the group. Some

Adult Group Series

Held at Juniper Hill Golf Course, 202 Brigham Street, Northboro.

Great program for golfers of all abilities.

Instructors work with students individually within the group.

All aspects of the game from full swing to short game will be covered. Five, one hour classes encourage gradual improvement over five weeks. Each class meets once a week for five consecutive weeks.

Adult Golf Group Series

\$135/pp

Ages: 17+

Dates: Tuesday, April 23, 30, May 7, 14, 21	Time: 12 to 1pm
Tuesday, April 23, 30, May 7, 14, 21	Time: 6 to 7pm
Wednesday, April 24, May 1, 8, 15, 22	Time: 9 to 10am
Wednesday, April 24, May 1, 8, 15, 22	Time: 11 to 12pm
Wednesday, April 24, May 1, 8, 15, 22	Time: 6:30 to 7:30pm
Thursday, April 25, May 2, 9, 16, 23	Time: 9 to 10am
Thursday, April 25, May 2, 9, 16, 23	Time: 12 to 1pm
Thursday, April 25, May 2, 9, 16, 23	Time: 6 to 7pm
Friday, April 26, May 3, 10, 17, 24	Time: 9 to 10am
Saturday, April 27, May 4, 11, 18, 25	Time: 9 to 10am
Sunday, April 28, May 5, 12, 19, 26	Time: 9 to 10am
Monday, May 6, 13, 20, 27, June 3	Time: 1 to 2pm
Monday, May 6, 13, 20, 27, June 3	Time: 6 to 7pm



Location: Juniper Hill Golf Course, 202 Brigham Street, Northboro

Instructor: Golf Teaching Center Min 3/ Max 4

Great program for golfers of all abilities. Instructors work with students individually within the group. Five one-hour classes encourage gradual improvement over five weeks. Class meets once a week for 5 consecutive weeks.

Adult Programs

Adult Tennis– Indoors 6 Weeks \$130/pp

Each group will receive instruction appropriate to their levels from experienced Pros. Juniors and Adults will be on separate courts. Beginners and Advanced Beginners will practice basic strokes and footwork patterns, and will learn the rudiments of the game. Intermediates will also work on strokes, and will participate in more playing drills designed to practice positioning, tactics, shot selection, game situations and more!

Ages: 17 & Up

Days: Sundays, April 7, 14, 28, May 5, 12 19 (no class 4/21)



Levels and Times:

Beginner (little or no previous instruction)	5:30 to 6:30	Max is 2
Adv. Beginners/Intermediate (volley, aware of strokes, play a set)	6:30 to 7:30	Max is 3

Location: Westboro Tennis & Swim Club

Adult Tennis -Outdoor 5 weeks \$130/pp

Do you want to become a better tennis player? Come learn the basics of a lifetime sport, or enhance your present skills while getting a good workout. You will learn all aspects of the game from beginners through advanced intermediates. Meet new players, exercise and have fun!

Rain make-ups will be made at the discretion of the instructor

Instructor: Mary Kate Gaide, is a teacher at Assabet High School and a Tennis Instructor for Assabet After Dark

Location: Neary Tennis Courts

Beginner/Advanced Beginner: Have fun learning the basic skills of a lifetime, or enhance your present skills while getting a good workout. You will learn strokes, court movement, and footwork. Class will focus on consistency in strokes, and strategy in playing singles and double. Min 3/ Max 6

Days: Tuesdays

Time: 6 to 7pm

Dates: Session 1: May 7, 14, 21, 28, June 4, 11

Intermediate/Advanced Intermediate: Work on depth, variety, stroke consistency, develop use of lobs, overhead, approached shots, volleys, and game strategies. Min 3/Max 6

Days: Tuesdays

Time: 7 to 8pm

Dates: Session 1: May 7, 14, 21, 28, June 4, 11

Monday Night Mixed Doubles Round Robin

Date: Mondays beginning June 4th

Time: 5:30pm to dusk

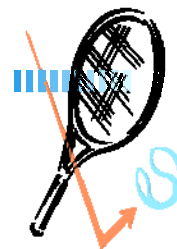
Location: Fay School Courts

Coordinator: Robin Logan and Pat Richardson

Join us every Monday evening for a casual drop in Round Robin. This is for Advanced level tennis players and above. There is no fee but you are required to bring four cans of new tennis balls the first night you play.

You will be playing fun and competitive matches and enjoy a great workout and meet new friends!!!

No registration required.



Time to restring your racquet?

All racquets, all types and all tensions starting at

\$25/ per racquet OR \$20 with your own string.

FREE string job for every 10 racquets strung within 2 yrs.

Pick up and drop off may be available.

Call Bob at 774-249-3247

24 Hour Service

Adult Programs

Drop In Coed Volleyball

\$5/pp drop in fee

Ages: High school and up

Days: Thursdays

Time: 6 to 8:30 pm

Dates: Beginning March 7 to June 13

Location: Trottier Middle School

Coordinator: Recreation Staff



Here's your chance to play pick up games, once a week. This non-competitive, fun atmosphere is for all volleyball enthusiasts. No instructions are provided. All skill levels are invited to play. Come join in on the fun. Please bring water and wear comfortable sneakers! ! Different teams are formed, To ensure a spot please sign up at Meetup.com/southborough-volleyball-meetup

The recreation department reserves the right to limit the number of drop in players and to cancel evening drop in activities. This program meets almost every week except for holidays, early release days and school events.

Pickleball

FREE

Ages: 55 and up

Days: Tuesdays and Thursdays

Time: 11am

Dates: Beginning June

Location: Neary Tennis Courts

Coordinator: Pat Richardson

8 to 10 Players

A fun sport that combines many elements of tennis, badminton, and ping-pong. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. FREE for Southborough residents age 55 and up. Limited paddles available. Please bring your own paddles.

The recreation department reserves the right to limit the number of drop in players and to cancel any activities. This program meets almost every week weather permitting.

Men's Basketball

\$60/per session

Session 4: April 15 to June 20, 2019

Days/Times:

Sundays 6 to 7:45pm at Fay School

Wednesdays 7 to 9:15pm at Finn School

Coordinator: Herb Kolk and Chris Kalagher

Inspired to play some basketball? Join us on Sundays from 6 to 7:45 at the Fay School and Wednesdays 7 to 9:15pm at the Finn School. Newcomers are welcome! Attendance need not be regular. We call our own fouls and shoot foul shots. We keep score in order to know when to stop for water. No basketball held if the schools are closed, or if the gyms are needed for school or town activities.

Adult Drop In Coed Volleyball

Free

Ages: High School and up

Time: 3pm to 6pm

Dates: Tuesdays

June 26 to August 21

Location: Outdoor Volleyball Court at the Neary School



Bring your volleyball and start a pick up game with other volleyball enthusiasts. No instructions or balls provided. This is a drop in opportunity for non competitive volleyball play. Please bring water and sunscreen.

Program Registration Form (2019-2020)

- Online—<http://Southborough.recdesk.com>
- By mail—please mail form and payment to 21 Highland Street, Southborough, MA 01772
- Walk in—Monday to Thursday 9am to 4pm, Friday 9am to 12noon
- Drop payment and form in Black Mail box at the Recreation Office.

Participant 1

Name _____ School _____
 Male / Female _____ Date of Birth _____ Age _____ Grade (Year 19/20) _____
 Allergies / Medical Concerns _____ Does your child have an aid at school? _____
 Can your child be photographed for publication? _____

Activity Name	Start Date	Time	Session	Fee/Check No.

Participant 2

Name _____ School _____
 Male / Female _____ Date of Birth _____ Age _____ Grade (Year 19/20) _____
 Allergies / Medical Concerns _____ Does your child have an aid at school? _____
 Can your child be photographed for publication ? _____

Activity Name	Start Date	Time	Sessions	Fee/Check No.

Family Members (should be completed for all family members registering, including heads of household)

Head of Household/Guardian

Name _____ Home Phone _____
 Address _____ Town _____ Work Phone _____
 Email Address _____ Cell Phone _____
 Emergency Contact _____ Emergency Phone _____

PARTICIPATION WAIVER– Must Be Signed Below FOR ALL PROGRAMS

I agree not to hold responsible the Southborough Recreation Commission; the Town of Southborough; the owners of the premises where the program is held; or any of the parties connected with the program for any injury or accident that may occur during the program. I understand that if my child becomes a discipline problem, he/she will be dismissed from the program. No money will be refunded. I also grant permission for the Recreation Staff to seek medical care in the event I cannot be reached. (All participants in any town recreation program must complete this waiver.)

Participant or Parent/Guardian: _____ Date: _____