



Trotter

After School Activity Programs
Fall Session 2, 2018
 November to December

Registration Begins: Monday, October 15, 2018

Registration Ends: Friday, October 26, 2018

- 3 Ways to Register:
1. Online at <http://southborough.recdesk.com>
 2. Mail in form to Recreation Office, 21 Highland Street
 3. Walk in form to Recreation Office

Participant Name: _____	Bus #: _____
DOB: _____ Grade: _____	Teacher: _____
Address: _____	Email: _____
Home #: _____	Work #: _____ Cell #: _____
Allergies/medical/special concerns: _____	
Check here if you do NOT wish your child to be photographed for publications. _____	
<ul style="list-style-type: none"> • Do not send registrations to school, this will delay your enrollment. • Make checks payable to "Southborough Recreation". • Send a note to your teacher on the first day of class • Please send a "peanut free" snack with your child. • Check emails for confirmations, cancellations, and updates! • No refunds or exchanges except for a doctor's note. A \$20 processing will be applied • Please pick up promptly, a late pick up fee of \$5 will be assessed 5 minutes after the end of every class. 	

Please circle your selections in the boxes below: (Program descriptions and details on back)

Monday 10/29, 11/5, 11/19, 11/26, 12/3	Tuesday 10/30, 11/6, 11/13, 11/20, 11/27	Wednesday 10/31, 11/7, 11/14, 11/28, 12/5	Thursday 11/1, 11/8, 11/29, 12/6	Friday 11/2, 11/9, 11/30, 12/7
SLIME Factory \$100 (held at Neary)	Basketball \$80 (held at Neary)	Robotics Programming \$120 (1.5 hour class, held at Neary)	Pottery \$150 (4-2.5 hour class, include transport)	Healthy Snacks 101 \$125 (4-1.15 hour class, held at Neary)
	Med School \$105 (held at Neary)	Speech & Debate \$120 (1.5 hour class, held at Neary)	Volleyball \$80 (4- 1.15 hour class, held at Neary)	

STUDENT AND PARENT COMMITMENT

My child has my permission to participate in the RAP class selected above. I understand that it is my responsibility to arrange for my child's safe and on time transportation home at the end of class. In the event that the program takes place off school property, I give my child permission to travel to and from the off-site activity in a recreation sponsored vehicle or private vehicle. I further agree to hold the Recreation Commission and the Town of Southborough together with its agents and employees jointly and severally harmless for any injury or accidents sustained during the transport. I agree not to hold responsible the Southborough Recreation Commission; the Town of Southborough; the owners of the premises where the program is held; or any of the parties connected with the program for any injury or accident that may occur during the program. I have read the student behavior policy from the website, regarding participation in any RAP program and have reviewed it with my child. In the event of an emergency, I give authorization for emergency transportation and medical treatment. I understand that I will be notified prior to transport if possible.

Signature Parent/Guardian _____ **Date** _____

Trottier

Program Description

SLIME Lab **Instructor: Paradise Island Kids** **Min 10/Max 20**

Discover the far out loopy, goopy world of Slime! Explore and concoct gooey mixtures in your own slime lab. Make all kinds of borax free slime including instant snow cloud, galaxy, tie-dye, butter, unicorn, glitter, crunchy, and more! You will get to take your slime creations home to show off to your friends and family! All materials included, just bring yourselves! No experience necessary.

Program Time: 2:30 to 3:40pm. Held at Neary

Basketball **Instructor: Game Time Training** **Min 12/Max 24**

Join Game Time Training and their staff of experienced coaches for our power hour basketball program. This program will have a healthy mix of skills/drills and scrimmage play. Each week, our coaches will teach the players at least one move-to-the-basket and one key principle of the game. All scrimmages will be monitored and controlled when teaching points arise. The GTT staff makes learning the game fun with interactive drills, music and ENERGY! **Program Time is 2:30 to 3:40pm. Held at Neary.**

MED School **Instructor: SET School** **Min 3/Max 10**

Be a student doctor! How do doctors know what to do when someone is sick? What causes disease? What do broken bones look like in Xrays? Learn about the human body and medicine. **Program Time 2:30 to 3:40pm. Held at Neary.**

Robotics Programming **Instructor: Set School** **Min 3/ Max 10**

Using the NXT programmable brick and the Mindstorms programming language, students learn how to design, build and program-Lego robots. Students create programs to control motors and sensors enabling the robots to move and respond to the environment. Equal emphasis is placed on programming and robot design. They will learn how to design a robot for different activities, like maze running, sumo wrestling, mini-golf and Mars rover missions.

Class held at Neary. Please pick up promptly from Neary at 4:10pm.

Speech and Debate **Instructor: Right Brain Curriculum** **Min 7/Max 16**

Famously, Americans' number one fear is public speaking while death only ranks number two. If that's so, this profound fear probably starts at an early age. In our Public Speaking class, we take the fear out of speaking before an audience by getting kids talking in front a supportive group about things in which they are interested. They write speeches on subjects of their choice and practice delivering them to the assembled students. As the kids practice in this low-pressure environment, they learn skills like standing up tall, using a loud voice and making eye contact. We also watch famous and not-so-famous public speakers and critique what is successful and unsuccessful in their deliveries. The class concludes with students creating a TV news broadcast in which they serve as anchors.

Program Time 2:30 to 4:10pm. Held at Neary

Pottery **Instructor: Lanting Truong, Art Teacher** **Min 5/ Max 11**

Students will be introduced to the pottery wheel starting with the components of the wheel and safety use of the wheel. Demonstration, techniques of wedging and wheel throwing will be covered in detail. Glazing techniques will be taught as well. Also, students will coil, pinch, carve and shape in hand building projects and make both sculptural and functional clay works to take home.

This class will be held at Southborough Art Center and transportation will be provided by Recreation Van. Pick up is 5pm at the Art Center. There will no transportation back to Neary/Trottier if your child goes to extended. 4 classes 11/1, 11/8, 11/29, 12/6

Volleyball **Instructor: Game Time Training** **Min 6/Max 12**

Enjoy a recreational volleyball program that kids of all abilities could join and have fun. This clinic will focus on the very fundamentals of the game including passing, hitting, serving, player spacing, and defensive positioning. The environment will be positive and safe, with a high level of expectations for learning the game.

Program Time: 2:30 to 3:55pm. Held at Neary 4 classes 11/1, 11/8, 11/29, 12/6

Healthy Snacks **Instructor: Paradise Island Kids** **Min 8/Max 20**

Eating healthy doesn't have to be tasteless & boring and this class will teach kids that there are lots of delicious healthy options with the perfect combination of fiber, protein, and fat. We will discuss the ingredients in each snack and focus on the importance of making informed decisions for a lifetime of wellness. We will learn how to make and decorate an assortment of super fun kid approved treats using all natural ingredients like fruits, vegetables, cheeses, meats, breads, yogurts and more! We do not use any nuts in our recipes but please inform us if you have any other food allergies/restrictions.

Program Time 2:30 to 3:55pm. Held at Neary. 4 classes 11/2, 11/9, 11/30, 12/7