



Trotter

After School Activity Programs

Spring Session 5 2019

May to June

Registration Begins: Monday, April 8, 2019

Registration Ends: Friday, April 26, 2019

- 3 Ways to Register:
1. Online at <http://southborough.recdesk.com>
 2. Mail in form to Recreation Office, 21 Highland Street
 3. Walk in form to Recreation Office

Participant Name: _____ Bus #: _____
 DOB: _____ Grade: _____ Teacher: _____
 Address: _____ Email: _____
 Home #: _____ Work #: _____ Cell #: _____

Allergies/medical/special concerns: _____

Check here if you do NOT wish your child to be photographed for publications. _____

- Do not send registrations to school, this will delay your enrollment.
- Make checks payable to "Southborough Recreation".
- Send a note to your teacher on the first day of class.
- Please send a "peanut free" snack with your child.
- Check emails for confirmations, cancellations, and updates!
- No refunds or exchanges except for a doctor's note, a \$25 processing will be applied for any changes.
- Please pick up promptly, a late pick up fee of \$5 will be assessed 5 minutes after the end of every class.

circle your selections in the boxes below: (Program descriptions and details on back)

Monday 4/29, 5/6, 5/13, 5/20, 6/3	Tuesday 4/30, 5/7, 5/14, 5/21, 5/28	Wednesday 5/1, 5/8, 5/15, 5/22, 5/29	Thursday 5/2, 5/9, 5/16, 5/23, 5/30	Friday 5/3, 5/10, 5/17, 5/24, 5/31
Track & Field Starts 4/22-see flyer \$185/\$195	SLIME 2.0 \$100 (held at Neary)	Track & Field Starts 4/22 see flyer \$185/\$195	Jr. Group Golf \$135 (2 hours includes transport and class time) 5/9, 5/16, 5/23	Track & Field Starts 4/22-see flyer \$185/\$195
Tennis \$80	Co-ed Flag Football \$80 (held at Neary)	Archery \$90 (class ends at 3:45, pick up at circular drive at Neary School)	Estudia Español! \$100 (held at Neary)	Pottery \$150 (transport included 2 hour class)
	Fishing \$115	Tennis \$80		

STUDENT AND PARENT COMMITMENT

My child has my permission to participate in the RAP class selected above. I understand that it is my responsibility to arrange for my child's safe and on time transportation home at the end of class. In the event that the program takes place off school property, I give my child permission to travel to and from the off-site activity in a recreation sponsored vehicle or private vehicle. I further agree to hold the Recreation Commission and the Town of Southborough together with its agents and employees jointly and severally harmless for any injury or accidents sustained during the transport. I agree not to hold responsible the Southborough Recreation Commission; the Town of Southborough; the owners of the premises where the program is held; or any of the parties connected with the program for any injury or accident that may occur during the program. I have read the student behavior policy from the website, regarding participation in any RAP program and have reviewed it with my child. In the event of an emergency, I give authorization for emergency transportation and medical treatment. I understand that I will be notified prior to transport if possible.

Signature Parent/Guardian _____ **Date** _____

Trottier

Program Description

Track & Field **Instructor: Delaney Taylor and Kelsey Stouffer**

The Track & Field Program focuses on an introduction to several events such as distance running, relays, long jump, triple jump and shot put. Conditioning techniques are also stressed. In addition to practice time, there will be opportunities to participate in track meets with a season end event at Algonquin High School.

Program dates: April 22 to June 7, 2019

Cost: \$185 for 7 weeks, there are no make ups in this program.

Optional purchase of singlet is an additional \$10.

Please register with separate registration form. Program Time: 2:30 to 3:50 with exception of meets.

Tennis **Instructor: TBD** **Min 6/Max 8**

Learn new skills or improve your present ones. Lessons and play will be held at the Richardson Tennis Courts. Parents should drop off a racquet in the school main office. Beginner, intermediate and advanced classes are offered on both days.

Program Time: 2:30 to 3:45 pm

SLIME 2.0 **Instructor: Paradise Island Kids** **Min 4/Max 15**

For those adventurous enough to take their slime creations to the next level, please join us in making all new borax free slime recipes including Golf & Silver Foil Slime, Fish Bowl Bead Slime, Clear Marker Slime, Orbeez Squeeze Slime and more!

Co-ed Flag Football **Instructor: Game Time Training** **Min 10/Max 20**

The league begins with a draft in week 1, followed by 3 weeks of regular season games and a final championship tournament on the final week. Kids will learn leadership skills by coaching their own teams, creating their own plays and managing the game. Our organizers are there to help promote team bonding and fair play, teach basic skills/concepts of the game and ensure that all kids are having fun!

Every Tuesday from 2:30 to 3:30pm at Neary School Field

Fishing **Instructor: Tom St. Pierre** **Min 5/ Max 11**

This activity will bring students a lifetime of enjoyment. Participants will walk down Deerfoot Road to the waterfall and may also walk down Parkerville Road to the reservoir next to Fay practice fields. Fishing equipment will be provided. In the event of inclement weather. Program may be cancelled and made up at the end of the session or may be supplemented with an indoor activity.

This class ends at 4:30 and parents must pick students up at Trottier promptly at 4:30pm.

Archery **Instructor: Frank Nellenback** **Min 8/Max 12**

This class will teach you the mechanics and skill involved in using a bow and arrow and aiming at a target. The class will emphasize archery safety rules, proper shooting techniques, stance and coordination. It is an exciting and fun class that will challenge your physical strength, focus and finesse. This class will go until 3:45 and pick up will be in the semi-circular driveway at Neary School.

Program Time and Location: 2:30 to 3:45 at Neary School Pavilion

Jr. Group Golf **Instructor: Juniper Hill Golf Pro** **Min 5/ Max 11**

Improve and learn more about your game as you play. This program is geared towards all levels of players—beginners, juniors and more advanced. Established golfers will improve their strategy; there to aim, what club to hit, and how to play certain shots. Beginners will learn course etiquette and feel more comfortable while achieving a better understanding of the game. Club rentals are included. Transportation will be provided from Neary and Trottier to Juniper Hill Golf Course. Parent Pick up is promptly at 4:30 pm at Juniper Hill Golf Course located at 202 Brigham Street, Northborough.

Class held at Juniper Hill Golf Course. Program Time: 2:30 to 4:30 pm 3 classes total 5/9, 5/16, 5/23

Estudia Español! **Instructor: Paradise Island Kids** **Min 10/Max 12**

Join this dynamic class with Señora Agustina to learn and practice vocabulary and phrases that are useful in real life situations. Enjoy a wide variety of activities and games played entirely in Spanish. Lessons will focus on basic everyday conversation and the basics of Spanish as a second language.

Class held at Neary School. Program Time 2:30 to 3:30pm

Pottery **Instructor: Lanting Truong, Art Teacher** **Min 6/ Max 12**

Students will be introduced to the pottery wheel starting with the components of the wheel and safety use of the wheel. Demonstration, techniques of wedging and wheel throwing will be covered in detail. Glazing techniques will be taught as well. Also, students will coil, pinch, carve and shape in hand building projects and make both sculptural and functional clay works to take home.

This class will be held at Southborough Art Center and transportation will be provided by Recreation Van. Pick up is 4:45pm at the Art Center.