



Woodward RAP

Fall Session 2, 2018

November to December

Registration Begins: Monday, October 15, 2018

Registration Ends: Friday, October 26, 2018

- 3 Ways to Register:
1. Online at <http://southborough.recdesk.com/recdeskportal/>
 2. Mail in form to Recreation Office, 21 Highland Street
 3. Walk in form to Recreation Office

Participant Name: _____ Bus #: _____ Ext Day after RAP class: Y or N
 DOB: _____ Grade: _____ Teacher: _____
 Address: _____ Email: _____
 Home #: _____ Work #: _____ Cell #: _____
 Allergies/medical/special concerns: _____
 Check here if you do NOT wish your child to be photographed for publications. _____

- Do not send registrations to school, this will delay your enrollment.
- Make checks payable to "Southborough Recreation".
- Send a note to the teacher on the first day of class.
- Please send a "peanut free" snack with your child.
- Check emails for confirmations, cancellations, and updates!
- No refunds or exchanges except with a doctor's note. A \$20 processing fee will be applied for any changes.
- Please pick up promptly, a late pick up fee of \$5 will be assessed 5 minutes after the end of every class.

Please circle your selections in the boxes below: (Program descriptions and details on back)

Monday 10/29, 11/5, 11/19, 11/26, 12/3	Tuesday 10/30, 11/6, 11/13, 11/20, 11/27	Wednesday 10/31, 11/7, 11/14, 11/28, 12/5	Thursday 11/1, 11/8, 11/15, 11/29, 12/6	Friday 11/2, 11/9, 11/16, 11/30, 12/7
Floor Hockey \$80	Dodgeball \$80	Basketball \$80	STEM Lab \$100	Mixed Media Imagination \$125
SLIME Lab \$100	Chess \$80	Healthy Snacks 101 \$125	Gym Games \$80	Lego Robotics \$110
Kitchen Chemistry \$105	Business Sharks \$90	FLIGHT \$105		Super Sports \$80

STUDENT AND PARENT COMMITMENT

My child has my permission to participate in the RAP class selected above. I understand that it is my responsibility to arrange for my child's safe and on time transportation home at the end of class. In the event that the program takes place off school property, I give my child permission to travel to and from the off-site activity in a recreation sponsored vehicle or private vehicle. I further agree to hold the Recreation Commission and the Town of Southborough together with its agents and employees jointly and severally harmless for any injury or accidents sustained during the transport. I agree not to hold responsible the Southborough Recreation Commission; the Town of Southborough; the owners of the premises where the program is held; or any of the parties connected with the program for any injury or accident that may occur during the program. I have read the student behavior policy from the website, regarding participation in any RAP program and have reviewed it with my child. In the event of an emergency, I give authorization for emergency transportation and medical treatment. I understand that I will be notified prior to transport if possible.

Signature Parent/Guardian _____ Date _____

Program Times are 3 to 4pm unless otherwise noted. Please read each program description carefully regarding pick up and transport information.

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Program Description

- Floor Hockey** **Instructor: FAST Athletics** **Min 10/Max 20**
Hockey season is over, what to do?? Come join F.A.S.T. Athletics for some street hockey fun. Fundamentals of hockey will be taught along with good sportsmanship and rules. After the instructional period is over, each day will end with a good old fashion street hockey game
- SLIME Lab** **Instructor: Sophia Vernovsky, Paradise Island Kids** **Min 10/Max 20**
Discover the far out loopy, goopy world of Slime! Explore and concoct gooey mixtures in your slime lab. Make all kinds of borax free slime including instant snow cloud, galaxy, tie-dye, butter, unicorn, glitter, crunchy and more! You will get to take your slime creations home to show off to your friends and family! All materials included, just bring yourselves! No experience necessary.
- Kitchen Chemistry** **Instructor: SET School** **Min 10/Max 12**
This course is like no other! Here children will cook with common food groups and learn the science of molecular bonding, solutions, mixtures, and more. It will inspire the chef and the scientist in the child.
- Dodgeball** **Instructor: Tiffany Goode, WW Physical Ed Teacher** **Min 10/Max 20**
Players will learn about the wonderful game of dodgeball! Not only is dodgeball fun and exciting, it's also a great game to help improve you accuracy and catching skills. Students will play a variety of non-elimination type dodgeball games, which will help them improve on a variety of skills, and allow them the opportunity to have fun and meet new friends! Some of the games they will play are dustball, breakout, swampball, return of the jedi and doctor dodgeball!!
- Chess** **Instructor: Dave Monroe** **Min 6/Max 10**
Skittles Chess builds upon simple concepts. Sessions begin with an example game by chess masters which illustrates the lessons to be presented that day. Young players apply those basic ideas in their games and see immediate results. This assures their continued interest. Building upon those first steps brings surprises, learning in a fun way, gaining confidence, and developing sportsmanship. Small groups assure personalized attention from an instructor with many decades of experience with kids.
- Business Sharks** **Instructor: Right Brain Curriculum** **Min 10/Max 16**
In our Business Sharks class, students play the role of young entrepreneurs as they start with the germ of an idea for a product and business and take it through the entire entrepreneurial process. Our students develop prototypes, formulate a business plan and devise a marketing strategy. Meanwhile, students learn through contextual lessons on concepts such as wages, profits, and branding while designing print ads, acting out "TV commercials", researching real estate locations and creating replicas of their storefronts. The class concludes with our young executives pitching their ideas to a group of parents and teachers. These young executives will really be taking care of business!
- Basketball** **Instructor: Game Time Training** **Min 10/Max 24**
This program is focused on developing skills and fundamentals for boys and girls in the 2nd and 3rd grade. Skills emphasized will include defense, ball handling, shooting, and passing. Participants will also play "small games" -1 on 1, 2 on 2, 3 on 3, to help reinforce the skills taught. The GTT staff makes learning the game fun with interactive drills, music and ENERGY!
- Healthy Snacks 101** **Instructor: Paradise Island Kids** **Min 10/Max 15**
Eating healthy doesn't have to be tasteless and boring. This class will teach kids lots of delicious healthy options with the perfect combination of fiber, protein and fat. We will discuss the ingredients in each snack and focus on the importance of making informed decisions for a lifetime of wellness. We will learn how to make and decorate an assortment of super fun kid approved treats using all natural ingredients like fruits, vegetables, cheese, meats, breads, yogurts and more! Recipes will not include any nuts.
- FLIGHT** **Instructor: SET School** **Min 10/Max 12**
How does an airplane stay up? How does a helicopter work? How do birds, bats and butterflies fly? Learn about the science of aeronautics while making all sorts of different flying objects.
- STEM Lab** **Instructor: Paradise Island Kids** **Min 7/Max 12**
In our STEM Laboratory, we will create many fun science experiments in individual and group settings-volcanoes, testing gravity, building structures, flying objects, egg drop experiment! All materials included.
- LEGO Robotics** **Instructor: WICKED Cool for Kids** **Min 8/Max 14**
Lego Robotics introduces kids to robotics programming. Kids create bots with motors and sensors and program them on our own computers. There are lots of challenges to engage budding techies.
- Gym Games** **Instructor: Tiffany Goode, WW Physical Ed Teacher** **Min 12/Max 20**
In Gym Games students will play a variety of games. The games in this class can vary from outdoor games and indoor games. We will play games that will improve on a variety of different skills. Some of the games will be doinkball, crazy pin knockdown, and hula hut attack. If you want to have fun, meet new friends, and get in great shape, then you want to join this class!!!
- Mixed Media Imagination** **Instructor: Paradise Island Kids** **Min 10/Max 20**
Bring your enthusiasm and imagination to create a new fan favorite craft each week! Projects include Make Your Own Squishes, Tye Dye Tshirts, Mosaics, Mixed Media Paintings and more! All materials are included.
- Super Sports** **Instructor: FAST Athletics** **Min 10/Max 20**
Get up, get going, get active with a F.A.S.T. Athletics Super Sports Program. F.A.S.T. Athletics will offer a variety of sports each week such as: Soccer, Mat Ball, Basketball, Dodgeball, and Kickball. Programs will include proper stretching and warm-up games as well as learning basic skills of each sport, each class will end with a high energy game with the sport played that day.